

## **bring RVCS/MCS Surgery Center Pre-Operative Instructions**

(please give to every surgery patient upon scheduling)

Dear \_\_\_\_\_,

These instructions are for you to follow before you come to our facility for your eye surgery. Your surgery is scheduled on \_\_\_\_\_ at the surgery center located at:

- 438 W. Main Street, Salem VA, 24153 – P: (540) 378-5276
- 2154 McVitty Rd, Roanoke VA, 24018 – P: (540) 378-5276
- 433 Commonwealth Blvd E., Martinsville VA, 24112 – P: (276) 632-7207

A nurse from the surgery center will call to give you an arrival time about 3-5 days before your scheduled surgery date.

Please follow the preoperative instructions below:

- Wear comfortable, loose clothing with short sleeve button down shirt if possible. This will ensure that you do not have to change your clothing for the blood pressure cuff and heart monitor.
- Leave all valuables at home, including watches, rings, earrings and body-piercing jewelry.
- You may bring hearing aids and glasses. Please remember to bring their protective cases with you for storage.
- DO NOT wear any face lotions/creams, makeup, perfumes/colognes or aftershave on the day of your surgery.
- Bring your insurance cards, a form of identification and a form of payment for copays/deductibles due.
- USE YOUR EYE DROPS AS INSTRUCTED BY YOUR SURGEON'S OFFICE. Bring your eye drops with you on the day of surgery.
- Please bring your surgery kit with you on the day of surgery (includes sunglasses, eye shield, tape).
- BEGIN USING YOUR LID SCRUBS AS DIRECTED IF INSTRUCTED BY YOUR SURGEON'S OFFICE.
- DO NOT eat anything for at least 8 hours before your surgery arrival time. You may have clear liquids up to 2 hours before your surgery arrival time unless instructed otherwise by your surgeon's office.
- DO NOT stop any routine medications unless instructed by your surgeon's office. You may take your medications with small sips of water on the day of surgery.
- You must have a driver with you that will stay at the surgery center during your entire visit (from check-in to discharge). Please do not bring small children with you if possible.
- Please bring your completed MEDICATION LIST FORM (white form) & MEDICAL HISTORY FORM (blue form) with you on the day of surgery. If you did not receive a blank copy of these forms, they will be given to you to complete on the day of surgery.

- You will be scheduled for a return appointment for either the same day or the day after your surgery. This appointment will be given to you on the day of your surgery before you leave.